



## **Braveheart Sprint Invitational September 27, 2025**

**Location:** William P. Clements, Jr. Leadership Center  
6900 Douglas Ave.  
Dallas, Texas 75205  
214-780-3094

**Meet Information:**

Head Swimming Official	Bob Lang
Head Diving Official	Jason Pullano
Meet Director	Jason Pullano

**Invited Teams:** Granbury, Keller Timber Creek, Frisco Independence, San Angelo, Highland Park

**Schedule:** **Saturday, September 27, 2025**

<b>Schedule</b>	Door opens	9:45 am
	Warmup #1	10:10 - 10:30
	Warmup #2	10:30 - 10:50
	Warmup #3	10:50 - 11:10
	One Way Starts	11:10 - 11:30
	Meet	11:30 – 2:30 pm
	Diving Warm up	~12:30pm
	Diving competition	following event 8

**Rules:** UIL and National Federation rules will govern the meet.

**Diving:** Each diver will perform six (6) dives, one (1) voluntary and five (5) optional. The voluntary dive will be from the forward group.

**Entries:** Each contestant may enter a maximum of four events. No more than two (2) may be individual events. Schools will have unlimited individuals per event and four relays per event.

Scoring: Individual: 9-7-6-5-4-3-2-1  
*Schools can only score their top four finishers in each individual event.*  
Relays: 18-14-12-10-8-6-4-2  
*Schools can only score their top two relays.*

Awards: There will be no awards for this meet.

Entry deadline: Entries **MUST** be received by  
**Wednesday, September 24, 2025**  
**by 5:00 pm**

E-mail entries to:  
**Swimming entries:** PullanJ@hpsd.org  
Diving Entries on Clean Entries

Coaches: **The psych sheet and warm up assignments will be emailed to all coaches on Thursday, September 25, 2025.**

Admission: There will be no admission cost for this meet

## Schedule of Events

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1.	200 Mixed Medley Relay	
3.	100 Free	4.
5.	100 Individual Medley	6.
7.	50 Free	8.
9.	6 Dive	10.
11.	50 Fly	12.
13.	200 Free	14.
15.	200 Mixed Free Relay	
17.	50 Back	18.
19.	50 Breast	20.
21.	200 Free Relay	22.